

PE Uniform Policy at Woodland Grange Primary School

Jewellery

- In line with school policy, children should only be wearing watches and stud earrings to school plus items of jewellery worn for religious reasons; **all of which must be removed for P.E.**
- If the child is unable to remove the items themselves, **they must be removed at home before arriving at school on PE days.**
- If parents/carers are unable to remove earrings due to them recently being pierced, **they must use microtape to tape them at home prior to arriving at school on PE days.** The amount of tape used needs to be sufficient to prevent the piercing penetrating, for example, the bone behind the ear should an unintentional blow be received from someone or some item of equipment, such as a ball.
- If the PE and/or Class teacher believes that the child's earrings have not been taped sufficiently, they may ring home and ask for parents to come and apply more tape.
- If a child is unable to have jewellery removed or secured sufficiently with tape, **they will not be involved in the physical aspects of the PE lesson** and will instead join in with the theory such as peer coaching, observation and feedback tasks.
- **Earrings cannot be taped for swimming and must be removed** before arriving at school on swimming days if children are unable to take them out independently.
- Any other personal affects such as hair slides and head bands should be removed to establish a safe working environment.

Hair -Long hair should be tied back.

Fingernails – fingernails should be cut short to prevent injury to themselves or others.

Clothing and Footwear – PE clothing should be appropriate for the weather and activity.

For hall-based activities

- Children are expected to wear black shorts and their house-coloured t-shirt.
- Dance and Gymnastics should be undertaken in bare feet, unless there is a medical reason as to why the child cannot, then well-fitted plimsoles must be worn instead and a doctor's note provided.
- Supportive footwear, such as trainers, should be worn in the hall for high-impact sports, such as skipping.

For outdoor activities

- Warmer clothes are necessary for outdoor activities, which will continue during cold weather. Children are expected to wear jogging bottoms and sweatshirts.
- Outdoor games should be undertaken in suitable trainers and must be laced correctly.

All PE tops relate to the colours of the schoolhouses e.g. a white t-shirt and black sweatshirt will be worn by badgers.

Swimming goggles may not be worn unless the school are in receipt of a doctor's note stating that chemicals in the water may adversely affect vision. When used, these items should be made of unbreakable plastic or rubber materials and children should be taught to remove them by slipping them off the head and not by stretching the retaining band.