



# Woodland Grange Primary School

Beaufort Way, Oadby, Leicestershire LE2 4TY

Telephone: 0116 2720401

[office@woodlandgrange.leics.sch.uk](mailto:office@woodlandgrange.leics.sch.uk)

[www.woodlandwideweb.org.uk](http://www.woodlandwideweb.org.uk)

Headteacher: Mrs H Brown

26<sup>th</sup> February 2025

Dear Parent/Carers,

We are now in the season of Ramadan and some of our older children have told us that they intend to fast. The advice we have been given by local faith leaders suggests that this is not a requirement for KS2 children; however, we do understand that some families may wish for their children to fast. We do not facilitate children in KS1 (Reception, Years 1 and 2) with fasting. Please bear in mind that pupils, no matter what you may suggest to them, will still be active at play and lunchtimes as well as, of course, taking part in PE lessons. As such, without food they may get somewhat energy depleted and struggle to concentrate.

Sometimes children do not tell their teachers that they are fasting and we want to ensure that we know exactly which children will be fasting and on which days, as some children only fast on one day each week. Please provide written confirmation using the slip below if you wish your child to fast so that we can support them with this.

Can we also kindly ask that if your child is fasting, you send in a small snack just in case they start to feel unwell and have a water bottle with them, just in case.

Please be aware, that our normal school curriculum will be operating for the rest of this term and next as usual.

On behalf of the staff, please accept our best wishes for this period of religious observance.

Yours sincerely

**Hayley Brown**

**Headteacher**

---

## Ramadam – Fasting Notification

Child's Name:

Class:

Fasting arrangements for my child:-

I understand that I will need to provide my child with a snack and a drink in case they feel unwell during the day.

Signed (person with parental responsibility): \_\_\_\_\_

Date: \_\_\_\_\_



OAK Multi Academy Trust

Registered Office: Copse Close, Oadby, Leicestershire, LE2 4FU  
Company Number: 07695364 (Registered in England and Wales)

